

Nourish

Buffet menus

Following are four gorgeous buffet menus that we offer. We are more than happy to adapt these menus for your requirements or design something specifically for you.

Long Supper

Finger Food	Six items (choose from attached list)
Main	Ham on the bone
Salads	Leafy green salad with shavings of parmesan Warm new potatoes with mint Seasonal salad
Condiments	Assorted breads Mustards, pickles and relishes
Dessert	Chocolate truffles and mini lemon tartlets
Total Food Cost	\$45.00

Nourish Dinner

Finger Food	Six items (choose from attached list)
Main	Ham on the bone Chicken stuffed with spinach, ricotta and pinenuts wrapped with streaky bacon Beef sirloin rolled in seeded mustard
Salads	Leafy green salad with shavings of parmesan Warm new potatoes with mint Seasonal salad
Condiments	Mustards and relish
Dessert	Chocolate brownie Meringues
Total Food Cost	\$52.00

Mediterranean dinner

Finger Food Six items (choose from attached list)

Main Leg of lamb with rosemary and garlic stuffing
Chicken breast baked in garlic, wine, lemon and thyme
Capsicums stuffed with pinenuts, rice, mint, ricotta and lemon juice

Salads Mediterranean roasted vegetables
Gourmet potatoes roasted in garlic and rosemary
Two seasonal salads

Dessert Lemon syrup cakes
Panforte

Total Food Cost **\$60.00**

Decadent dinner

Finger Food Six items (choose from attached list)

Main Roasted fillet of beef with onion marmalade
Oven-baked salmon with a lemon relish topping
Chicken thighs stuffed with basil, sundried tomato & goat's cheese, wrapped in proscuitto

Salads Baked field mushrooms topped with pesto and feta
New baby potatoes with a salsa verde
Two seasonal salads

Dessert Chocolate truffle cake
Rhubarb tartlets
Meringues with a berry coulis

Total Food Cost **\$69.00**