

Nourish

Finger Food: minimum of 20 pieces per item
*served warm

Canapes:

Meat *Lamb doner kebabs with tzitki
Seared beef with roasted tomato salsa on brushetta
*Spicy beef Empanadas
Cucumber cups with Vietnamese beef

Chicken

*Thai chicken cakes with lime aioli
Noodle cakes with chicken
Brioche with smoked chicken, saffron mayonaise and sundried tomato

Seafood

Potato rosti with smoked salmon
*Mini smoked fish pies
Ricotta and spinach cakes with smoked salmon

Vegetarian

*Vegetarian Empanadas
Roasted baby mushrooms stuffed with parmesan and sundried tomato
Mushroom arancini (Risotto balls)
Beetroot crepes with feta \$2.75 per item

Special canapes:

Scallops, basil and lime dressing on mini toasted brushetta
Prawn vermicilli springrolls \$3.50 per item

Larger finger food items:

*Mussel fritters with lime aioli
*Tandoori chicken kebabs with mint raita
Prawn skewers with lime aioli
Mini gourmet beef burger rolls
Moroccan vegetable filo's with tzatziki
Polenta chicken wraps \$5.00 per item

Antipasto Platters:

-Dips with breads and olives \$7.00 per head
-Antipasto;breads, crackers, olives,dips, cheese and a selection of meats and fish \$10.50 per head

Sweets:

Mini Desserts:

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|------------------------------------|--------|
| -mini chocolate brownie | \$3.00 |
| -lemon curd tartlets | \$3.00 |
| -rich chocolate truffle | \$3.00 |
| -white chocolate & lime truffle | \$3.00 |
| -caramel, coconut & walnut truffle | \$3.00 |

Dessert Platters:

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| -A selection of seasonal summer fruit | \$5.00 per head |
| -Cheese platter- a selection of boutique New Zealand Cheese, dried fruit, nuts and quince paste | \$6.50 per head |

Cakes:

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|-------------------------|------|
| -Lemon Tart | \$60 |
| -Sticky date cake | \$60 |
| -Orange and Almond cake | \$60 |
| -Oaty caramel tart | \$60 |
| -Carrot Cake | \$60 |

Need some advice or have something else in mind? Just ask.
At Nourish we will always do our best to ensure your event's success.

[Email us at nourish@kinect.co.nz](mailto:nourish@kinect.co.nz) or ph. 552-6650